

# Women, Infants and Children (WIC) Program

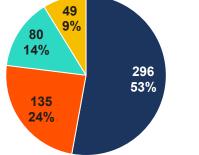
# **Tioga County**

Total WIC Participation: **560** 

Eligible WIC Participation: 1,109

County WIC Coverage Rate: 50%

### WIC Participants in Tioga County



#### Children

Infants

- Postpartum women
- Pregnant women

Infants and children up to age 5 account for 77% of WIC participation in Tioga County

## **KEY HEALTH AND NUTRITIONAL BENEFITS OF WIC**



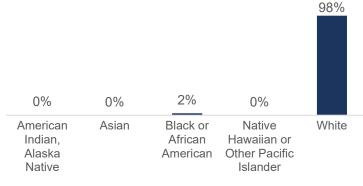
Reduces the prevalence of household food insecurity, increases housing security, lifts participants above the poverty line, and protects against economic hardships Reduces the incidence of preterm births and low birth weight Reduces incidence of iron-deficiency anemia

among infants and children

Increases access to early prenatal care and encourages breastfeeding

Improves diet quality and intake of key nutrients

Improves access to healthcare and social services



WIC Participation in Tioga County by Race

Participants may be reported in more than one race category



#### **Eligible Population Participating in WIC**







Thriving PA is a non-partisan, statewide campaign that seeks to improve the quality of and increase equitable access to a coordinated system of health supports, including access to comprehensive perinatal health services, children's health insurance, nutrition supports, and lead screening and abatement.



# Women, Infants and Children (WIC) Program

#### Pennsylvania **Eligible WIC Participation: Total WIC Participation:** County WIC Coverage Rate: 314,073 156,838 50% **WIC Participants in Pennsylvania** WIC Participation in Pennsylvania by Race 71% 11 .59 7% Children 24.085 15% 28% Infants 82,772 53% Postpartum women 4% 2% 1% 38,389 25% Pregnant women American Asian Black or Native White Indian, African Hawaiian or American Other Pacific Alaska Native Islander

Infants and children up to age 5 account for 77% of WIC participation in Pennsylvania

Participants may be reported in more than one race category

With a decline in participation for the WIC program over the last several years, Thriving PA recommends:

- Improving WIC technology to remove barriers to access and meet families where they are including developing an online Smart Card and mobile app, permanently implementing telehealth policies, investing in WIC online purchasing, and establishing a technology and innovation workgroup.
- Integrating WIC into the portfolio of services available to low-income families and promoting connections among key programs, including health care, early childhood education, SNAP, and Medicaid.
- Expanding eligibility, including adopting a policy for adjunctive eligibility, and streamlining certification.
- Promoting more targeted outreach to populations and counties with low WIC coverage rates.

## TO LEARN MORE ABOUT WIC, VISIT WWW.PAWIC.COM OR CALL 1-800-WIC-WINS

Thriving PA is led by Allies for Children, Children First, Maternity Care Coalition and Pennsylvania Partnerships for Children

Data is provided by Pennsylvania Partnerships for Children through analysis of information from the Pennsylvania Department of Health's Bureau of WIC and Division of Health Informatics. Participation data is from February 2022.